

KITCHEN FUN AND COMMUNICATION

Why not get the family together in the kitchen? Making a noisy lunch together is an excellent opportunity for talking and having fun. Talking and copying the sounds you hear.

Encourage children to learn vocabulary by introducing new equipment and unusual foods.

Here are some ideas:

1. Listen to the sounds - Listen to the sounds in the kitchen. -

Talk about and copy the sounds of different kitchen utensils and equipment:

Metal spoons

Food processor

Knives chopping

Listen to the sounds

2. **Take turns to talk about the different sounds you make as you eat.** Chewing slurping, munching and crunching! Guess the noise:

1. Pick a noisy utensil or piece of equipment in the kitchen
2. Tell your child to close their eyes and listen carefully
3. Make a noise e.g. chop on a board
4. Get your child to open their eyes and make a guess
5. If they're wrong, do it again and then show them

