

BUBBLE FUN VOL1



A favorite activity with young and old...very few adults haven't quite fancied being encased in a huge bubble when I've talked to them about it.

So, if you have a hula hoop and a shallow, large tray amongst your play equipment, see if there's glycerine in the baking aisle next time you're out doing essential shopping, or buy guar gum online ;I found some on Ebay or Amazon.

Alternatively, a copious amount of washing up liquid and a dash of water will also do the trick.

STRETCH ACTIVITY:

Can your younger ones stand inside the hula hoop as you bring it upward encasing them in the bubble?